



PSHE Policy

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Personal Social and Health Education is about the development of key skills of the individual leading to self-empowerment and self-esteem; so that our students will be those who grow into adults aware of their personal potential, are prepared for adulthood, who have formulated a moral code of conduct and have the conviction to live by it; who care about others and aim to do something in their service, who think about society and try to improve it; who can manage their own life and can cope with the ever increasing pace of change in today's society.

Aims

TEA will provide students with the opportunities and experiences which will enable them to:

- Know and understand what constitutes a healthy lifestyle.
- Be aware of safety and risk issues.
- Understand what makes for good relationships with others.
- Develop social skills to enable successful relationships with all members of their community.
- Learn to respect and understand common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.
- Be an independent and responsible member of the school, local and global community.
- Gain an understanding of their role as citizens and to be able to identify and understand what British Values are and how they can implement them in their daily lives.
- Find out about the main political and social institutions which affect their lives and to know and understand what it means to be a positive and active member of a democratic society.
- Develop self-confidence and self-esteem.



- Be able to make informed decisions about personal, social, physical, spiritual, moral and cultural issues.
- Develop financial capability skills for future economic well-being.
- Be able to identify and report any safeguarding signs or issues.

All students need to feel valued and should be given the opportunities to succeed to the best of their abilities. Our school is dedicated to delivering teaching that is stimulating and appropriate to every student's needs, ensuring the inclusion of all students, for example students with academic concerns and Gifted, Able and Talented students, as well as with regard to gender and equality issues. This is done through carefully planned lessons and, if necessary, the dedicated care of our Pastoral Team.

PSHE is linked with a variety of initiatives in place at TEA. We are committed to giving our students the best information we can regarding healthy lifestyles, so that they are able to make informed choices for themselves.

Our students are encouraged to develop their thinking skills through questioning and debating issues that might arise in their own lives and those of others.

We believe that students, who are given the opportunity to share their ideas and opinions within the safe environment of the classroom, are students who will ultimately grow in confidence, enabling them to make better decisions for themselves both inside and outside of school. The school has a School Council with elected and representative members from years 3 to 13.

The Council meets regularly to discuss the views of students, to make decisions. All students need to feel valued and should be given the opportunities to succeed to the best of their abilities.

Learning Approaches

Vital to the success of good PSHE is the building of students' self-esteem, by fostering a learning climate that positively values the contribution of individuals, whilst actively seeking to eliminate negative attitudes and behaviour.

The teaching and learning strategies employed are as important as the content covered. The following techniques should be used when appropriate.

- Discussion
- Problem Solving
- Learning Through Experience
- Simulation
- Games
- Group Work
- Role-Play
- Accessing Data
- Debate
- Brainstorms
- Case studies

PSHE in Secondary is prepared by and overlooked by the Pastoral Team. Each Head of Year is responsible for preparing and distributing resources to form tutors, who deliver the programme. All students in Secondary engage in a weekly PSHE lesson on a Sunday afternoon. Year 7, 8, 12 and



13 students are allocated 80 minutes per week. Year 9, 10 and 11 students are allocated 40 minutes per week. Assemblies are also scheduled to address whole Year groups/ Key stages and /or Secondary regarding PSHE topics.

Role of PSHE teacher (Class teacher/Form tutor)

In line with the ethos of the school PSHE teachers should:

- Familiarise themselves with the programmes of study and be aware what should be taught, and which teaching strategies to use.
- Offer a variety of teaching and learning styles should be used to enable students to fully develop appropriate skills, knowledge and attitudes.
- Through teaching PSHE, teachers will be better able to guide and support their students' educational and personal development during their time at TEA.
- Have a key role enabling their students to higher the standards of achievement throughout the curriculum, by reviewing progress, action-planning and counselling students to achieve their best.

Resources

Resources are prepared and kept by the Pastoral Team. However, teachers who are delivering the sessions also have access to resources through the PSHE Team Drive.